



जननायक चन्द्रशेखर विश्वविद्यालय, बलिया-277001 (उ.प्र.)
Jananayak Chandrashekhar University, Ballia-277001 (U. P.)



FACULTY OF ARTS

Course structure and Syllabus

Ph.D. Course work system

PSYCHOLOGY

UNDER SEMESTER SYSTEM

ACADEMIC SESSION -2019-20



Ph.D. (Doctor of Philosophy)

PSYCHOLOGY

FACULTY OF ARTS

SEMESTER SYSTEM

Ph.D.PSYCHOLOGY

COURSE WORK SYSTEM

COURSE STRUCTURE, SYLLABUS/Ph.D. COURSE WORK

- | | |
|---|---------------------|
| 1. PAPER-1-Research Methodology and Computer Application- | Credits-4, MM-100 |
| 2. PAPER-2-Research and Publication Ethics | Credits-2, M.M.-100 |
| 3. PAPER-3-Research Trends in Psychology | Credits-4, M.M.-100 |
| 4. PAPER-4- Health Psychology | Credits-4, M.M.-100 |

Total-14 Credits and Maximum Marks-400

After the completion of course work

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|------------------------------------|--------------|
| 1. SYNOPSIS SEMINAR | Satisfactory |
| 2. ORAL COMPREHENSIVE | Satisfactory |
| 3. COURSE SEMINAR | Satisfactory |
| 4. THESIS PRE SUBMISSION SEMINAR | Satisfactory |
| 5. THESIS (DOCTORAL RESEARCH WORK) | Satisfactory |
| 6. THESIS VIVA-VOCE | Satisfactory |

PROPOSED REGULATIONS

Semesters/Papers	Title of the papers	Credits Hours	Theory	
			Max. Marks	Min. Marks
Paper 1	(Theory Paper)	4	100	40
Paper 2	(Theory Paper)	4	100	40
Paper 3	(Theory Paper)	4	100	40
Paper 4	(Theory Paper)	2	100	40
Total aggregate of First Semester will be 50 %			Total 14 Credits Max. Marks – 400 Min.Marks – 200	
SYNOPSIS SEMINAR			Satisfactory	
ORAL COMPREHENSIVE			Satisfactory	
COURSE SEMINAR			Satisfactory	
THESIS PRE-SUBMISSION SEMINAR			Satisfactory	
THESIS (DOCTORAL RESEARCH WORK)			Satisfactory	
THESIS VIVA-VOCE			Satisfactory	

Note-

1. The research work may be initiated as per Ph.D. ordinance.
2. The evaluation of seminar presentation and oral comprehensive examination shall be done by the departmental committee which shall be constituted by the Head of Department /Principal of College.
3. The minimum passing marks of every paper at least will be 40 % in theory and total aggregate of the semester will be 50 % minimum.

**PSYCHOLOGY
SYLLABUS
Ph.D. COURSE WORK SYSTEM
COURSE STRUCTURE–SYLLABUS of Ph.D. COURSE WORK**

PAPER-I: RESEARCH METHODOLOGY AND COMPUTER APPLICATION

4 Credits, M.M.100

(COMMON SYLLABUS)

PAPER-II: RESEARCH AND PUBLICATION ETHICS

Credits-2, M.M.-100

(As per UGC Recommendation) (COMMON SYLLABUS)

Paper-III Research Trends in Psychology

Credit 4, MM:100

Unit I – Quality of Life, Type-D Behavior, Negative Affectivity and Social Inhibition, Autistic Disorder, Attention Deficit Hyperactive Disorder, Dementias-Alzheimer Disease.

Unit II – Contribution of F. W. Taylor and Elton Mayo in Organizational Behavior, Job Satisfaction, Organizational Stress, Aggression and Violence: Meaning, Types, determinants and Controlling methods, Emotional Intelligence: Meaning ,Components and Models, Perceptual Cognitive Development.

Unit III – Any 5 of the following 8 practicals

1. Study of Prejudice.
2. Social/ Emotional Maturity Test.
3. Measurement of Intelligence.
4. Measurement of Job Satisfaction.
5. **T. A. T**/ Rorschach Test.
6. Measurement of Aggression/ Attitude.
7. Organization or Clustering in Recall.
8. Perceptual Organization(Part-Whole Perception)/
Perceptual Differentiation (PEFT) or (IAEFT).

Unit IV-Research Proposal and Presentation.

REFERENCES-

1. Sadeck, B. J and Sadock, V. A. (1998): Synopsis of Psychiatry (9th Ed.), Lippincott Williams and Wilkins New York.
2. Pestonjee, D. M. (1992): Stress and Coping. Sage Publication, New Delhi.
3. Singh, D. (2003): Emotion Intelligence at work. Sage publication, New Delhi.
4. Walliman, N. (2001). Your research project: A step by step guide for the first time researcher. London: Sage.
5. Misra, G. (1990): Applied Social Psychology in india. Sage, New Delhi.
6. Goldenbarg, H. (1983): Contemporary Clinical Psychology (2nded.) Brooks & Coke, New York.
7. Weiner, I. B. (1982): Child and Adolescent psychopathology. John Wiley: New York.
8. Dimatteo, M. R., & Martin, L. R. (2002): Health Psychology. Allyn& Bacon, Boston.

9. Hetherington, E. M & Parke, Ross, D (1986): Child Psychology. McGraw Hill Book Company, Singapore. **Paper-(Defence and Strategic Study)-III Credit 4, MM:100**

Paper-IV Health Psychology

Credit 4, MM:100

Unit I- Nature and scope of health psychology. The relationship of health psychology with clinical psychology and behavioral medicine. Models of health: Bio psychosocial and cultural models, Eastern approaches.

Unit-II- Obesity: measurement, consequences, management. Stress and Coping management, Life style and aging, Psychological interventions for health management: Rational emotive therapy, Beck's therapy, Drug therapy.

Unit-III- Any 5 of the following 8 practicals-

1. Measurement of mental health.
2. Measurement of anxiety.
3. Measurement of coping strategies.
4. Measurement of stress.
5. E.P.Q.
6. Locus of control.
7. Measurement of depression.
8. N.E.O-PI

Unit-IV- Book Review

REFERENCES-

1. Bennett, P. Weinman J & Spurgeon, P (1990): Current development in Health Psychology. U.K: Hand Academic Publishers.
2. Friedman- DiMateo. (1989): Health Psychology. New York: Prentice Hall.
3. Marks, D. F. Murray, M. Evans, B & Willing, C. (2000) : Health Psychology : Therapy, Research and Application, New Delhi: Concept.
4. Straub, R. O. (2002): Health Psychology. Worth Publisher. New York.